

morgenmuffel

no. 17 ★ late '08



cartoons & rants

Welcome to morgenmuffel no 17 !!

So it's actually no. 18, cos i did an 'interim issue' after no. 16 that's just little ... if you want a copy send me 2× 1st class stamps ... anyways the bulk of this issue is about my travels in the U.S., parts of which you need to read with an american accent! the comic about charting your menstrual cycle is also going to appear in Viva Voce #2, a zine about women's health and sexuality, which i'm sure will be amazing just like issue #1 was.

news - our cookbook "another dinner is possible" has now sold out of its first print run by active (www.activedistribution.org) but the folk at AK Press in the states are taking on a reprint which we will expand (and i can finally correct some niggling little mistakes, hurra!) hopefully ready by spring '09.

you can check out my website for back issues. the next issue of morgenmuffel is probably going to be my first-ever split zine, with the excellent Rum Lad (www.stevelarder.co.uk)

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www.brightonabc.org.uk

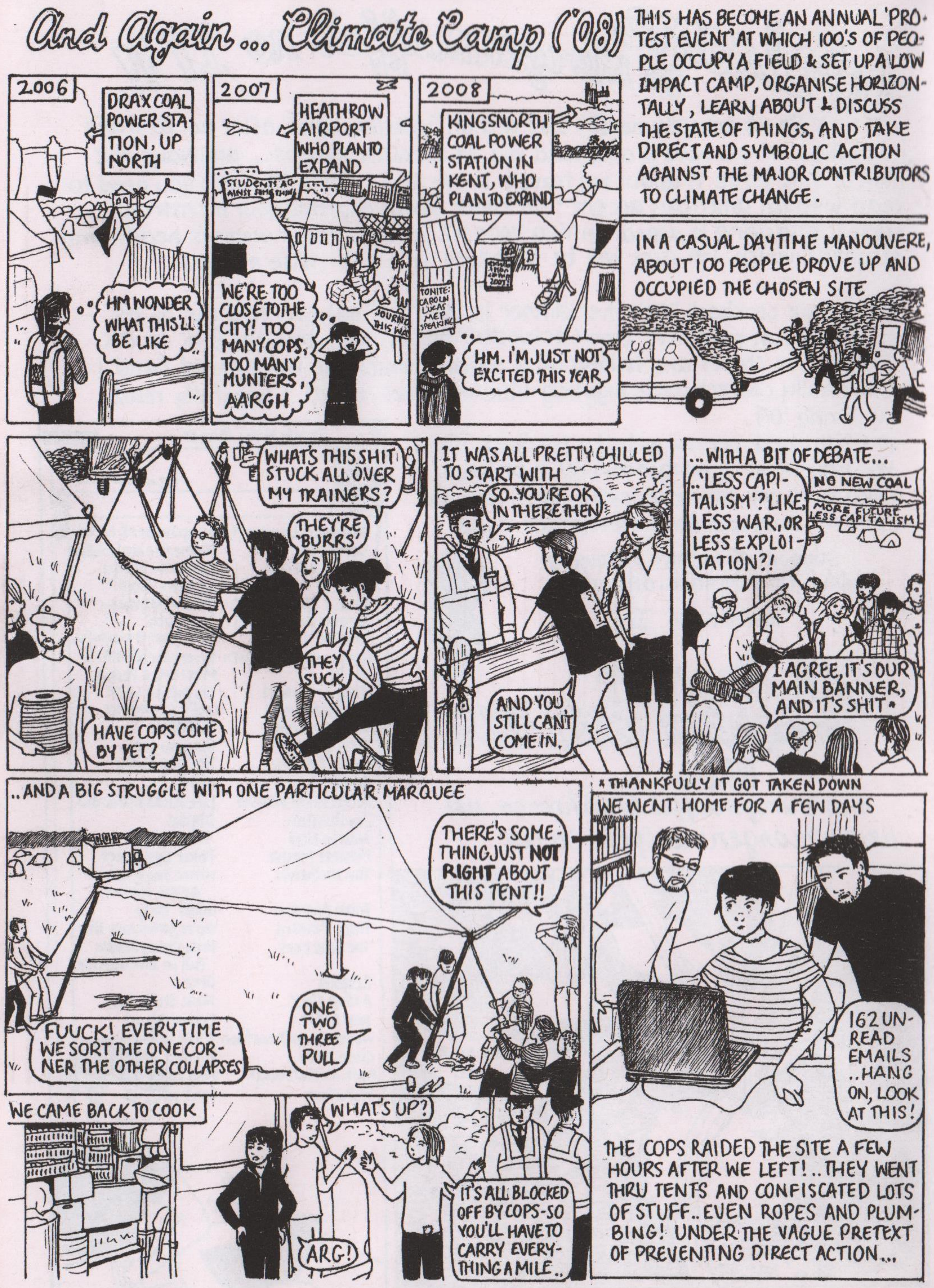
love & rage Isy

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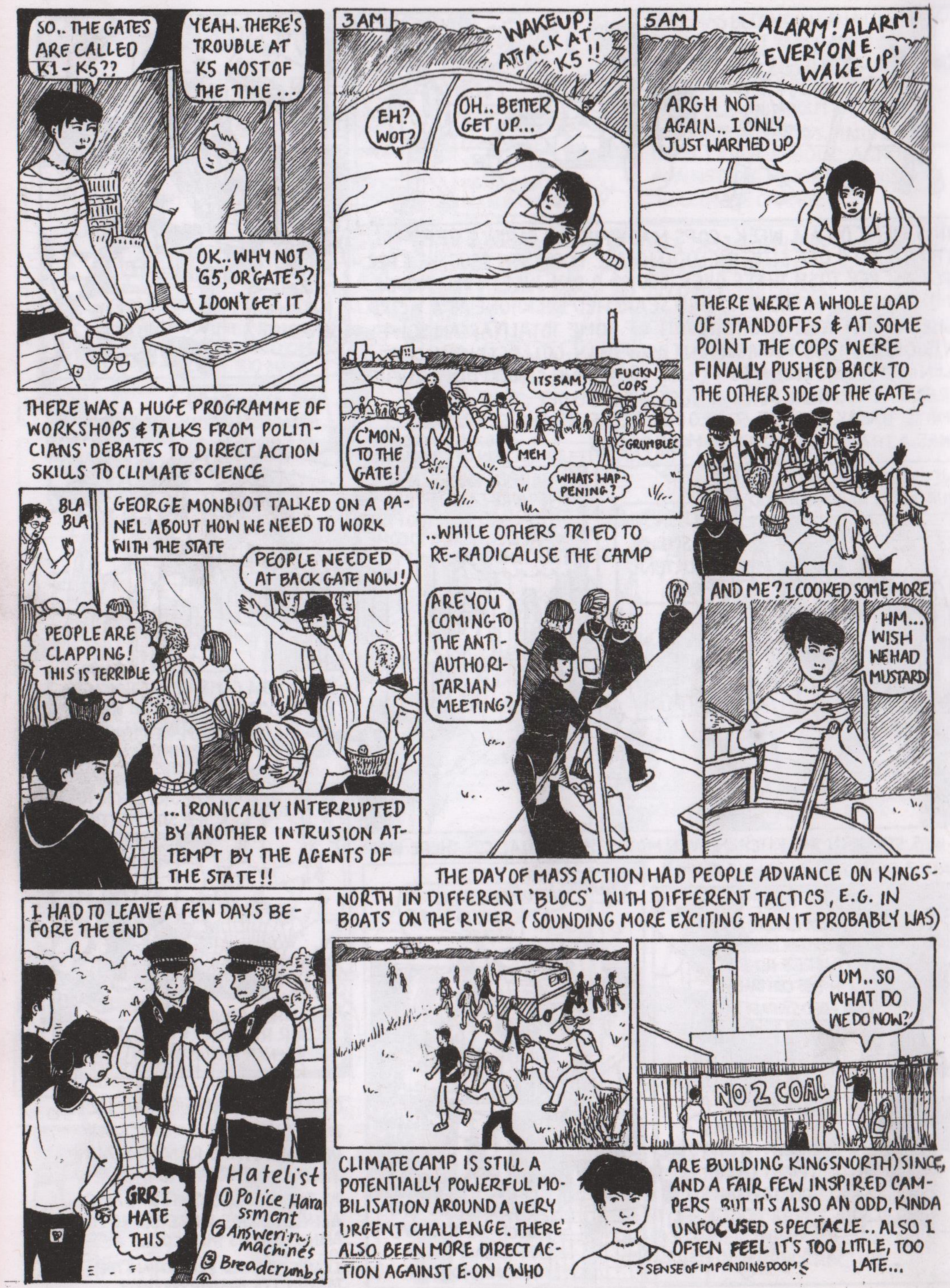




And Again... Climate Camp ('08)






SO.. THE GATES ARE CALLED K1 - K5??
YEAH. THERE'S TROUBLE AT K5 MOST OF THE TIME...
OK.. WHY NOT 'G5', OR 'GATE 5'? I DON'T GET IT
3AM
WAKE UP! ATTACK AT K5!!
EH? WOT?
OH.. BETTER GET UP...
5AM
ALARM! ALARM! EVERYONE WAKE UP!
ARGH NOT AGAIN.. I ONLY JUST WARMED UP
THERE WAS A HUGE PROGRAMME OF WORKSHOPS & TALKS FROM POLITICIANS' DEBATES TO DIRECT ACTION SKILLS TO CLIMATE SCIENCE
C'MON, TO THE GATE!
ITS 5AM
FUCKN COPS
MEH
GRUMBLE
WHATS HAPPENING?
THERE WERE A WHOLE LOAD OF STANDOFFS & AT SOME POINT THE COPS WERE FINALLY PUSHED BACK TO THE OTHER SIDE OF THE GATE
BLA BLA
GEORGE MONBIOT TALKED ON A PANEL ABOUT HOW WE NEED TO WORK WITH THE STATE
PEOPLE NEEDED AT BACK GATE NOW!
PEOPLE ARE CLAPPING! THIS IS TERRIBLE
...IRONICALLY INTERRUPTED BY ANOTHER INTRUSION ATTEMPT BY THE AGENTS OF THE STATE!!
..WHILE OTHERS TRIED TO RE-RADICALISE THE CAMP
ARE YOU COMING TO THE ANTI-AUTHORITARIAN MEETING?
AND ME? I COOKED SOME MORE.
HM... WISH WE HAD MUSTARD
THE DAY OF MASS ACTION HAD PEOPLE ADVANCE ON KINGSNORTH IN DIFFERENT 'BLOCS' WITH DIFFERENT TACTICS, E.G. IN BOATS ON THE RIVER (SOUNDING MORE EXCITING THAN IT PROBABLY WAS)
I HAD TO LEAVE A FEW DAYS BEFORE THE END
GRR I HATE THIS
Hatelist
① Police Harassment
② Answering machines
③ Breadcrumbs
④
UM.. SO WHAT DO WE DO NOW?
NO 2 COAL
CLIMATE CAMP IS STILL A POTENTIALLY POWERFUL MOBILISATION AROUND A VERY URGENT CHALLENGE. THERE' ALSO BEEN MORE DIRECT ACTION AGAINST E.ON (WHO ARE BUILDING KINGSNORTH) SINCE, AND A FAIR FEW INSPIRED CAMPERS BUT IT'S ALSO AN ODD, KINDA UNFOCUSED SPECTACLE.. ALSO I OFTEN FEEL IT'S TOO LITTLE, TOO LATE...
>SENSE OF IMPENDING DOOM<


MANY TIMES WHEN I'M ATTEMPTING TO DO 'WORK' I GET DISTRACTED BY THINGS
WHAT ARE THOSE NEIGHBOURS UP TO?
OOH PILE OF LETTERS
OOH EMAIL
HM WHAT MUSIC TO PUT ON..
OOH LOTS OF CHICKENS
OOH CHOCOLATE
THE MOST PERSISTENT DESK DISTRACTION IS SPIDER SOLITAIRE..
I'VE BEEN WRITING FOR 5 MINUTES, TIME FOR A BREAK. EH.
I THINK I LIKE IT COS I HAVE URGES TO PUT THINGS IN 'ORDER'
THAT BOOK IS UPSIDE DOWN!
THE OIL MUST GO TO THE LEFT THEN THE SALT THEN THE BLENDER...
WHAT YOU DOIN'?
OH.. NOTHING.
THE JACK ON THE QUEEN! YES! THAT STACK OVER HERE! THEN I'VE GOT HALF A SEQUENCE! SWEET! AND MOVE THAT THERE..
SOMETIMES I FORCE MYSELF TO NOT PUT AWAY THE STACKS IF I KNOW I'VE WON
LET IT GO, ISY.. JUST LET IT GO...
SO, IS THE WORLD IN ANY WAY IMPROVED BY CONSTANT VIRTUAL CARD SORTING? IS IT BETTER OR WORSE THAN STAYING UP ALL NIGHT ON FALLOUT 3 (WHICH, THANKFULLY, MY COMPUTER'S TOO SHIT FOR)? ARE THERE SKILLS TO BE HONED OR ACTUAL FUN TO BE HAD? ... ARE THERE SPIDER CHAMPIONSHIPS??
Congratulations
2
1
3

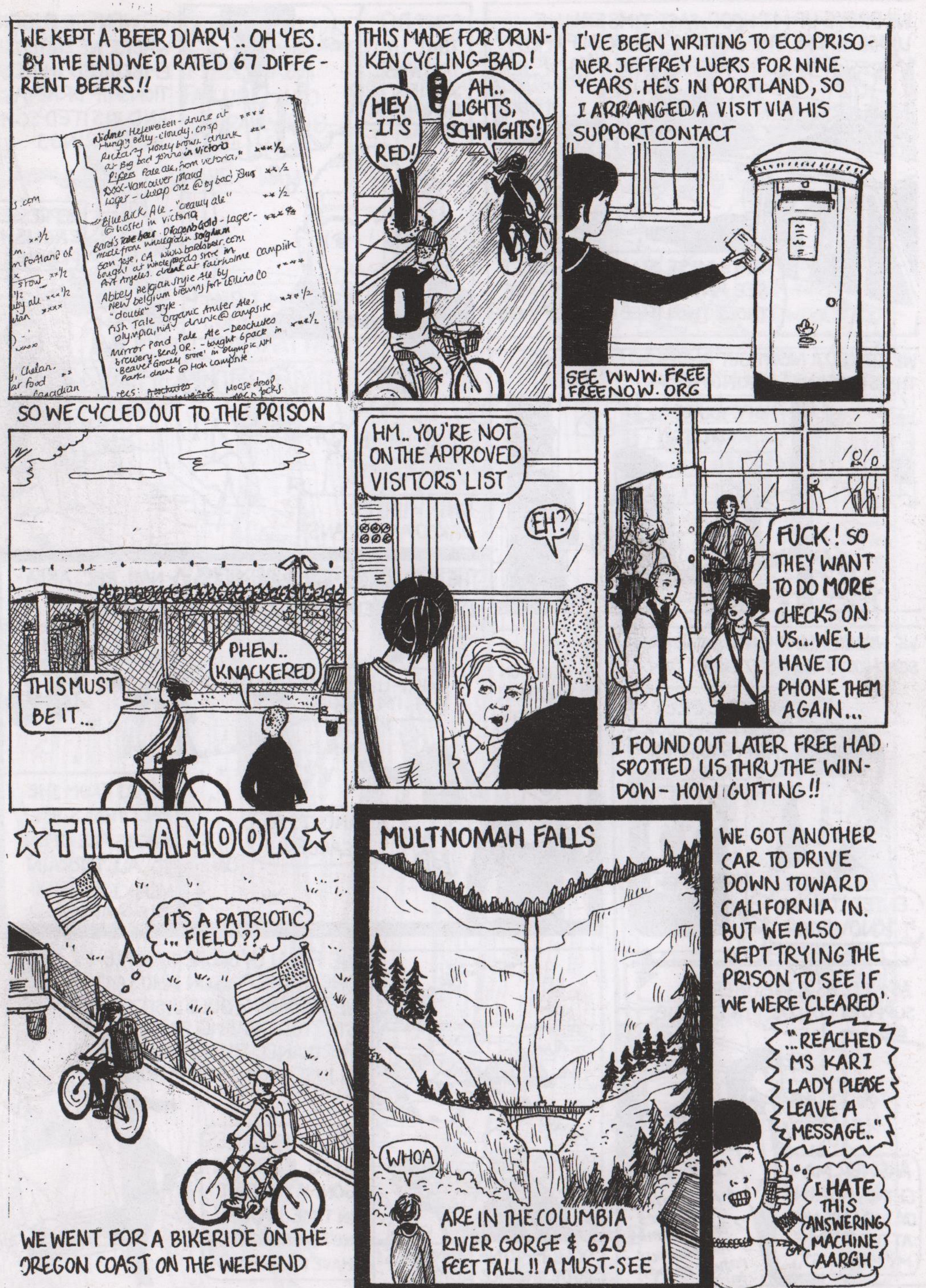

I'M GOING ON ANOTHER BIG TRIP! I FIGURED THAT WHILE I STILL CAN* I BETTER FLY ACROSS THE WORLD FOR ONCE
*PEAK OIL & ALL THAT
5 WEEKS ON THE WEST COAST OF AMERICA, WHERE THERE'S PROPER WILDERNESS AND LOTSA CRAZY ANARCHISTS. AND GRAPE SODA..MM
I USUALLY TRAVEL WITH MIKE, BUT THIS TIME HE'S STAYING HOME! INSTEAD, I'M GOING WITH MY (EX-BOY-)FRIEND AND BY MYSELF FOR A PART OF IT!
WILL I MISS MIKE TOO MUCH? WILL I HAVE A GOOD TIME? WILL I COPE?
OOH I'M A BIT SCARED...
Adventures in the land of the unfree
OUR FLIGHT TO SEATTLE WAS AN EPIC JOURNEY OF 20+ HOURS!
WE'RE FLYING BACKWARDS IN TIME! THIS DAY IS NEVERENDING ...HM IS THIS LUNCH OR DINNER?
TWO VEGAN MEALS?
★SEATTLE!★
WE STAYED AT THE ONLY HOSTEL WE COULD FIND WHICH WAS RIGHT BY THE FUN 'PIKE PLACE MARKET'. THE DORMS (A PRICY $25-30/NIGHT) HAVE TALL BUNKS & CURTAINS FOR PRIVACY. BUT ITS A BIT NOISY.
CORNER MARKET
GREEN TORTOISE HOSTEL
AT THE MARKET YOU'LL ALSO FIND LEFT BANK BOOKS, A COLLECTIVELY RUN SHOP SINCE 1973.
LOOK, THEY HAVE OUR COOKBOOK!
AND MORGENMUFFEL!
GREAT SHOP, THIS!
www.leftbankbooks.com
CYBER DOGS IS A VEGI HOTDOG & INTERNET CAFE RUN BY A FRIENDLY UKRANIAN
WELCOME! HERE, YOU DON'T HAVE TO HIDE YOUR HIPPIE-NESS!
BUT I REALLY, REALLY WANT TO
CORNER 9TH & PIKE
I WENT TO SEE SOME BANDS AND DA PUNX CIRCLEPITTED
a) I FEEL OLD.... b) IT'S WEIRD BEING AT A GIG BY MYSELF...


ON THE GREYHOUND BUS EAST TO WENATCHEE I FELL ASLEEP AND WOKE UP ON A MOUNTAIN PASS! FROM THERE WE GOT ANOTHER BUS TO THE SMALL TOWN OF CHELAN IN THE NORTH CASCADES.
LOADSA SNOW? WHAT THE FUCK?!
Born in the USA.. I was Born in the USA
OMIGOD LOOK AT THE SIZE OF THIS SANDWICH!
THE BOSS!
VEGAN OREOS!!
OREO
OUR 1ST SUPERMARKET VISIT!
THE HUNGRY BELLY IN CHELAN HAS AN OPEN KITCHEN IN WHICH CRAZY STIRFRYING GOES ON!
MY TOFU'S YUMMY
MY BEER'S YUMMY.
WE GOT A FERRY UP THE LAKE TO ★STEHEKIN★
A SMALL COMMUNITY AT THE UPPER END OF LAKE CHELAN, A LONG, DEEP GORGE IN EAST WASHINGTON. IT'S ONLY ACCESSIBLE BY BOAT OR SEAPLANE!
Y'KNOW, THE 72 PEOPLE LIVING HERE SEEM TO DRIVE UP & DOWN THEIR ONE ROAD AN AWFUL LOT..
WE HIKED UNTIL WE HIT THE SNOW-LINE - IT WAS GORGEOUS!
THE VALLEY HAS A LOT OF CAMPGROUNDS (GET A FREE PERMIT FROM THE HELPFUL VISITORS' CENTRE). WE STAYED IN A QUIET SPOT AMONGST FUCKEN HUGE CEDARS
LOOK, THIS IS WHERE WE PUT OUR FOOD, OR ANYTHING SMELLY!
LIKE YOUR SOCKS?
BEAR PROOF BOX
IT WAS REALLY SUNNY WHEN WE GOT OUR FERRY BACK. I FOUND I'D MOSTLY GOT OVER MY BEARS & BEASTS PARANOIA & WAS JUST ENJOYING WILD NATURE...
DUDE, I GOTTA TAKE A GAZILLION PHOTOS..
BACK ON THE GREYHOUND & HANGING ROUND BUS STATIONS.. MUCH FUN
HAZELNUT FLAVOURED NON-DAIRY CREAMER - I LIKE!
AND WE GOT THE FERRY FROM SEATTLE TO VICTORIA ON ★VANCOUVER ISLAND★
BRAS
PLASTIC TOYS
COUNTRY MUSIC
PEANUT SHELLS
THE BARMAN'S CUTE!
IT'S THE DUNGAREES, ISN'T IT
'BIG BAD JOHNS' ON DOUGLAS ST.

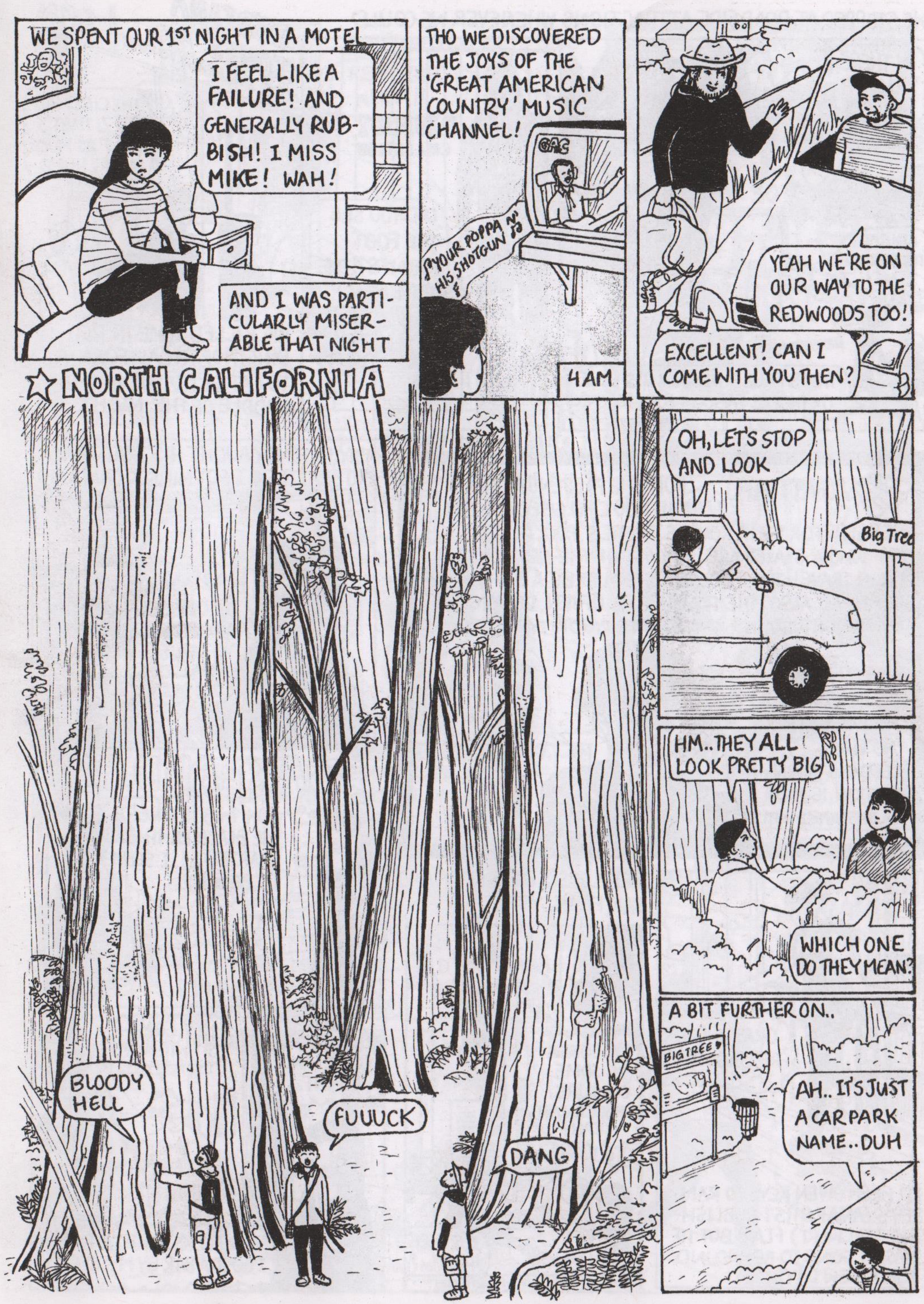

ON JOHNSON ST. YOU'LL FIND COMIC & BOOKSHOPS, & THE LOTUS POND, AN ALL-VEGAN CHINESE RESTAURANT!
HM, LOOKS LIKE WE CAN'T GET ANYWHERE ON PUBLIC TRANSPORT!
HOW ARE WE GOING TO GET TO THE WOODS?
MMH
WE ENDED UP HIRING A CAR!
WE MIGHT DIE. I HOPE YOU'RE OKAY WITH THAT.
I HADN'T DRIVEN IN OVER 12 YEARS
THERE SEEMS TO BE A LOT OF LOGGING HERE...
YEAH, AND A LOT OF THE REMAINING OLD GROWTH IS UNPROTECTED! ...
..DUDE CHECK IT OUT I'M DRIVING...
..STOP! LOOK IT'S A BEAR!
WHOA! WAIT LET'S TRY TO GET A PICTURE
ANOTHER BEAR! ...IT'S KINDA CUTE
IN A IT-COULD-RIP-YOUR-FACE-OFF KINDA WAY..
UH.THERE'S A BEAR JUST UP ON THE PATH..
LET'S WAIT A BIT EH
AN OTTER! SHH DON'T SCARE IT AWAY...
UM..I THINK THERE'S ANOTHER BEAR BEHIND US...
WILDLIFE OVERLOAD!
WE SPENT THE NIGHT ON A BEACH ON THE SOUTH COAST 'JUAN DE FUCA TRAIL' WATCHING SURFERS
THAT'D BE HELLA GNARLY, DUDE
I WANNA BE A SURF BUM WHEN I GROW UP


IF I'D HAVE BEEN TRAVELLING WITH MIKE, I'D NEVER HAVE DARED TAKE THE WHEEL!
DRIVING ROCKS! IT'S LIKE THE AMERICAN DREAM! YEAH! ...
97.3 JRFM THE HOME OF NEW COUNTRY! HERE'S TIM McGRAW WITH...
OK I'M GETTING TOO INTO THIS..SOMEBODY HELP ME...!
★ OLYMPIC PENINSULA
BACK IN WASHINGTON WE HIRED ANOTHER CAR & DROVE UP 'HURRICANE RIDGE' INTO THE SNOW.
BUT..I DO WISH MIKE WAS HERE.. HE'D LIKE THIS...
THE OLYMPIC NATIONAL PARK IS ACCESSIBLE BUT WILD, WITH NO THRU ROADS. WE LOVED IT.
LET'S GO THERE, AND THERE..OOH
LAKE!
BIG MOUNTAINS!
COAST!
RAINFOREST!
NATIONAL PARK
GET A FREE MAP FROM THE RANGER STATION & EXPLORE...HOWEVER, THERE'S FUCKALL PUBLIC TRANSPORT
THE WHOLE AREA FELT REALLY PRETTY REMOTE
FORKS LOCAL RADIO.. MORE CLASSIC TUNES COMING UP
NOPE. STILL JUST THE 1 STATION TO BE FOUND.
THE CURLY FRIES ARE GIVING ME HEARTBURN & MY SODA'S GIVING ME TOOTHACHE
HAVE YOU NOTICED THE HUNTING & FISHING PHOTOS ON THE WALL?
A CHATTY LADY IN A SHOP HAD WARNED US THAT NEARBY ABERDEEN WAS 'DIRTY'... SO WE WERE PREJUDICED
IT IS INDEED A SHITHOLE! LET'S NOT TOUCH ANYTHING
SCENIC VIEWPOINT
SOMEONE WAS HAVING A LAUGH WITH THAT SIGN, RIGHT?!
THE HOH RAINFOREST HAS 142 INCHES OF ANNUAL RAINFALL, BUT WE WERE THERE ON A DRY SUNNY DAY!
IT'S ANOTHER DOUGLAS SQUIRREL! HELLO FRIEND, COME WITH ME!!
IT'S INCREDIBLE & WELL WORTH A VISIT.


IN OLYMPIA WE STAYED WITH THE FOLK/PUNK BAND THE HAIL SEIZURES
I'M ALLERGIC TO CATS...I'LL BE OK THO, NO WORRIES
HAVE YOU HEARD OF PIG WRESTLING AT RODEOS? YOU GET 5 PEOPLE & A GREASED UP PIG IN THE MUD, & YOU GOTTA GET THE PIG INTO A BARREL!
-squeal-
YEE-HA!
YOU WHAT? FUCKED UP!!
WE WERE EXCITED ABOUT OUR FIRST TRAIN JOURNEY
UH.. IT SAYS HERE THE STATION'S STAFFED BY VOLUNTEERS!
WE WERE ON THE BUS FROM TOWN FOR AN HOUR! THIS IS THE MIDDLE OF NOWHERE
AH.. SO THIS IS BISCUITS & GRAVY!
WE CALL 'COOKIES' BISCUITS, & GRAVY GOES ON MEAT. HENCE CONFUSION!
THEY PLAYED A HOUSE SHOW WITH BLACKBIRD RAUM - 'TWAS FUN!
THERE'S INCREASING NUDITY! IS THIS AN AMERICAN THING??
PORTLAND☆
OUR HOST, SHAWN *
HOPE YOU DON'T MIND CATS!
I'M HAIRY, & MOULTING-HA!
OH NO!
* OF 'TEN FOOT RULE' COMICS
WE WENT ON A 'PEDAL POTLUCK PICNIC'!
WE'RE PARTICIPATING IN PORTLAND'S FAMOUS BIKE CULTURE! OOH
THERE'S NO BETTER WAY TO DISCOVER PORTLAND THAN ON BIKES WITH THE EDITOR OF:
the Zinester's Guide to Portland
YAY I MISSED CYCLING!
AND THIS IS THE BEST VEGAN BAKERY IN TOWN...
THERE'S MORE THAN ONE?
YOU'D THINK THE U.S. WAS ALL ABOUT PISSY SHIT LAGER BUT ESPECIALLY IN THE NORTHWEST THERE'S A GROWING VARIETY OF MICROBREWS TO BE HAD!
OOH SHINY STAINLESS STEEL! LOOK! I WANNA HOUSE MADE OF STAINLESS STEEL I LUVS IT...
Y'KNOW THAT BEER YOU'RE DRINKING IS 7.4% ABV...
AND YOU CAN TRY THEM IN BREWPUBS OR TAPROOMS


WE KEPT A 'BEER DIARY'.. OH YES. BY THE END WE'D RATED 67 DIFFERENT BEERS!!
THIS MADE FOR DRUNKEN CYCLING-BAD!
HEY IT'S RED!
AH.. LIGHTS, SCHMIGHTS!
I'VE BEEN WRITING TO ECO-PRISONER JEFFREY LUERS FOR NINE YEARS. HE'S IN PORTLAND, SO I ARRANGED A VISIT VIA HIS SUPPORT CONTACT
SEE WWW.FREEFREENOW.ORG
SO WE CYCLED OUT TO THE PRISON
THIS MUST BE IT...
PHEW.. KNACKERED
HM.. YOU'RE NOT ON THE APPROVED VISITORS' LIST
EH?
FUCK! SO THEY WANT TO DO MORE CHECKS ON US... WE'LL HAVE TO PHONE THEM AGAIN...
I FOUND OUT LATER FREE HAD SPOTTED US THRU THE WINDOW - HOW GUTTING!!
☆TILLAMOOK☆
IT'S A PATRIOTIC ...FIELD??
WE WENT FOR A BIKERIDE ON THE OREGON COAST ON THE WEEKEND
MULTNOMAH FALLS
WHOA
ARE IN THE COLUMBIA RIVER GORGE & 620 FEET TALL!! A MUST-SEE
WE GOT ANOTHER CAR TO DRIVE DOWN TOWARD CALIFORNIA IN. BUT WE ALSO KEPT TRYING THE PRISON TO SEE IF WE WERE 'CLEARED'.
"...REACHED MS KARI LADY PLEASE LEAVE A MESSAGE."
I HATE THIS ANSWERING MACHINE AARGH

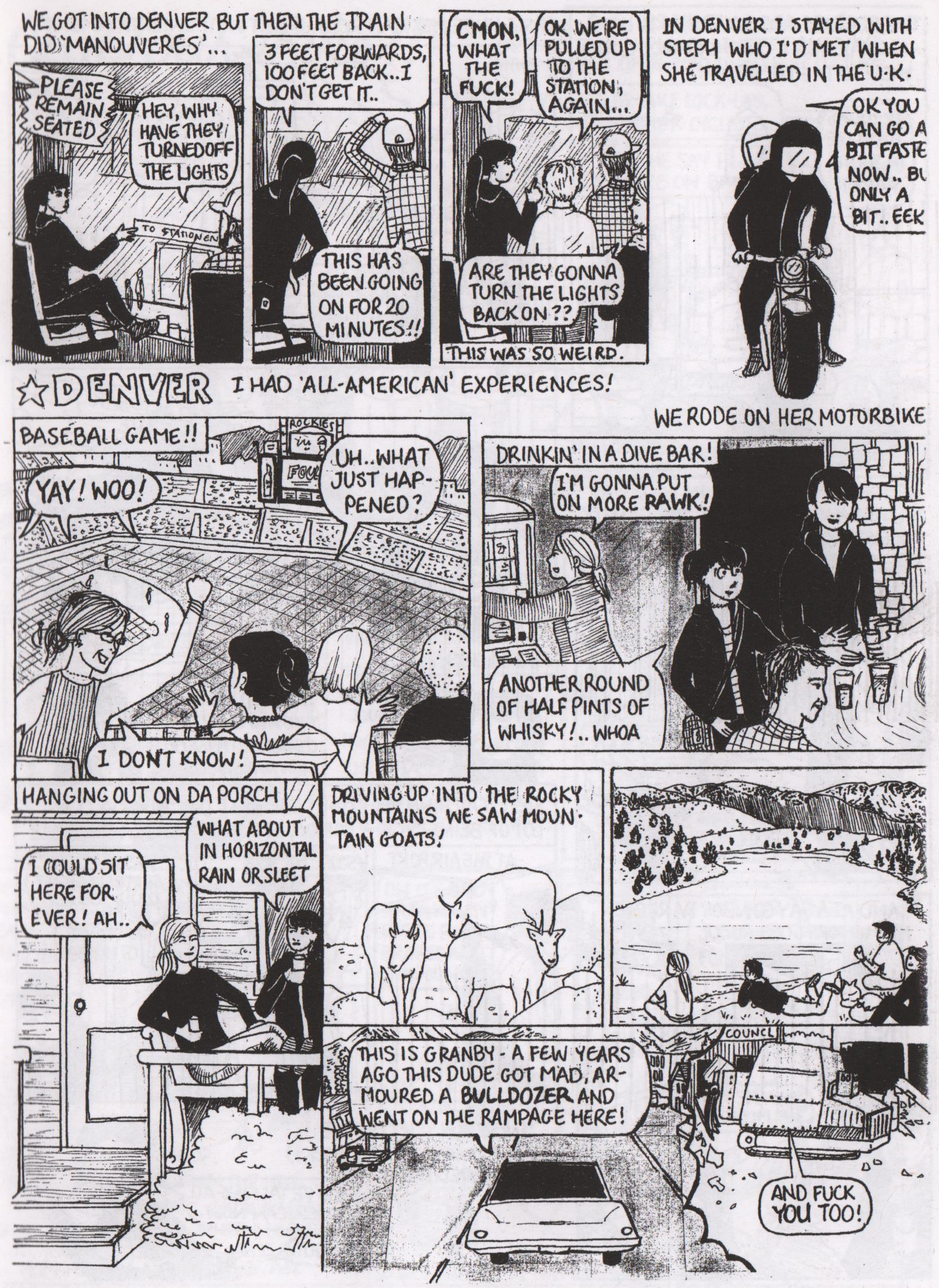

WE DROVE UP MT. HOOD, PAST TIMBERLINE LODGE WHERE 'THE SHINING' HAD BEEN FILMED!
THIS MIST SUCKS! I CAN'T SEE ANYTHING! EXCEPT.. ARE THOSE TWO LITTLE GIRLS UP THERE?
DON'T DO THAT...!! THE TWINS... SCARIEST THING EVER
WE WENT TO EUGENE WHERE WE ENDED UP EMBROILED IN RELATIONSHIP DRAMA, AND VISITED SOME HOT SPRINGS
REPRESSED ENGLISH PEOPLE
UNINHIBITED NAKED AMERICANS
WE STAYED A NIGHT OUT IN SPRINGFIELD - YES, THE SIMPSONS' SPRINGFIELD!!
HOPE YOU'RE OK WITH CATS?
THE ☆OREGON DUNES☆ NATL. REC. AREA IS AN INCREDIBLE COASTAL LANDSCAPE.
IT'S LIKE BEING ON ANOTHER PLANET!
WHAT - LIKE DUNE? UM.. I'M SINKING.
WHOA!
AND IT'S SO PEACEFUL!
APART FROM THE FACT THAT SOME AREAS ARE OPEN TO 'ALL TERRAIN VEHICLES' BOMBING AROUND
WE WERE STILL PHONING THE PRISON MULTIPLE TIMES EVERY DAY
THIS IS THE C.R.C.I. IF YOU KNOW YOUR PARTY'S EXTENSION PLEASE...
..ENTER IT NOW I KNOW GAH
AS WELL AS A PRISONER SUPPORT CONTACT IN EUGENE
ANSWER MACHINE, AGAIN! OK THEY ARE NOW AT THE TOP OF MY HATELIST...
ISY HATES
1. Answering machines
2. Breadcrumbs
3. The insidious nature of capitalism
AUK! AUK!
AUK!
AUK! AUK!
SQUAK!
SQUAK!
OOH.. MARINE MAMMALS! DUDE THEY'RE NOISY
WE FINALLY SPOKE TO SOMEONE AT THE PRISON WHO SAID WE PROBABLY COULD VISIT. SO WE STARTED DRIVING BACK TO PORTLAND, THEN REALISED IT JUST WASN'T GONNA WORK
FUCK! 150 MILES TO GO.. WE'RE NOT GONNA MAKE IT IN TIME... FUCK! WE'RE GOING TO HAVE TO GIVE UP

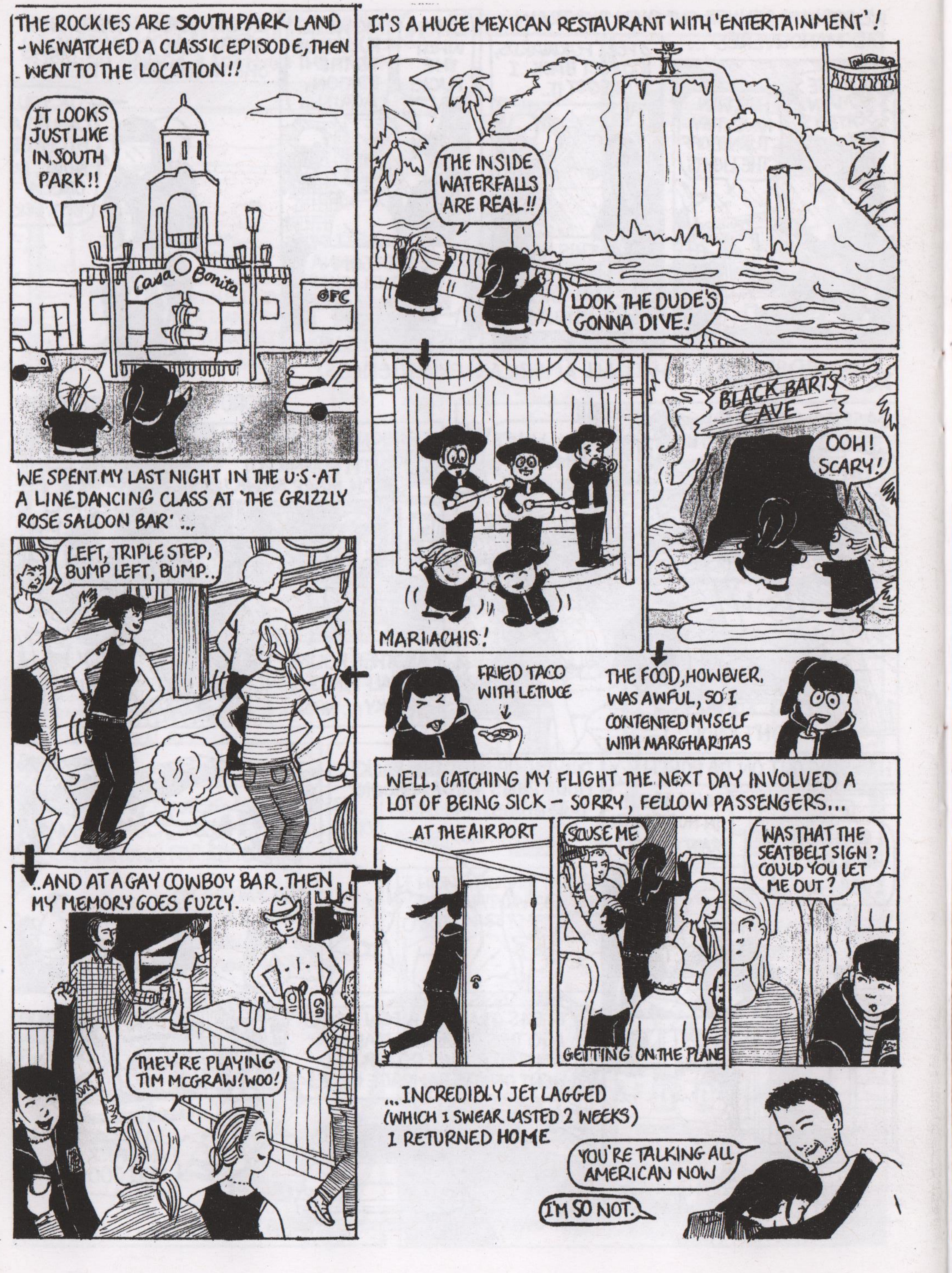

WE SPENT OUR 1ST NIGHT IN A MOTEL
I FEEL LIKE A FAILURE! AND GENERALLY RUBBISH! I MISS MIKE! WAH!
AND I WAS PARTICULARLY MISERABLE THAT NIGHT
THO WE DISCOVERED THE JOYS OF THE 'GREAT AMERICAN COUNTRY' MUSIC CHANNEL!
GAC
♪ YOUR POPPA N' HIS SHOTGUN ♪
4AM
YEAH WE'RE ON OUR WAY TO THE REDWOODS TOO!
EXCELLENT! CAN I COME WITH YOU THEN?
☆ NORTH CALIFORNIA
BLOODY HELL
FUUUCK
DANG
OH, LET'S STOP AND LOOK
Big Tree
HM.. THEY ALL LOOK PRETTY BIG
WHICH ONE DO THEY MEAN?
A BIT FURTHER ON..
BIG TREE
AH.. IT'S JUST A CAR PARK NAME.. DUH


WE STOPPED AT ROADSIDE ATTRACTIONS WHENEVER WE COULD
HI THERE YOU WITH THE CAP!
OMIGOD IT'S TALKING TO ME!
THAT'S PAUL BUNYAN & HIS BLUE OX, THEY'RE FAMOUS FOLK LEGENDS
BIGFOOT COLLECTION
DID YOU SEE THE FOOT-PRINTS?! THE YETI'S REAL!!*
OH DEAR
*IT IS, I SAW THE PHOTOS!
INDIANA JONES AND THE.. I ALREADY FORGOT
SON
THE CINEMA'S $7?! THAT'S HALF AS MUCH AS AT HOME..
WE KILLED TIME IN RED-DING, NORTH CALIFORNIA, TO CATCH TRAINS IN THE MIDDLE OF THE NIGHT
AMTRAK ...RUN THE PASSENGER TRAINS AND YOU CAN CHECK THEIR WEBSITE FOR THEIR ROUTES. THERE'S FUCKALL OF THEM THO - WHOLE STATES ARE LEFT OUT OF THE NETWORK! TRAIN TRAVEL JUST DOESN'T SEEM TO BE A BIG PART OF U.S. LIFE.. ALSO, THE TRAINS ARE OFTEN DELAYED BY FREIGHT TRAINS WHICH HAVE PRIORITY.
..MY 2.21 AM TRAIN IS 3½ HOURS LATE?! NO WAY... REDDING TRAIN STATION IS JUST AN UNSTAFFED HUT
WHAT AM I SUPPOSED TO DO ALL NIGHT THEN? GRR...
MY FRIEND CAUGHT HIS TRAIN BACK TO SEATTLE & I GOT MINE TO OAKLAND
I'M ALL BY MYSELF IN FOREIGN LANDS! THIS IS WEIRD
OAKLAND, CA
OOH THIS IS WHERE THE BLACK PANTHERS STARTED!... I SEEM TO BE LOST...
OKAY WHERE'S THE SHOWER?!
I'D BEEN GIVEN KEYS TO RAM-SEY'S (ANARCHIST PUBLISH-ING STALWART) FLAT BUT HE WASN'T GOING TO BE AROUND FOR A FEW DAYS.
I EXPLORED BERKELEY AND SAN FRANCISCO
SFMOMA
I'M GONNA DO SOME CULTURE! MODERN ART, YEAH!
TA
IT'S FREE TODAY..*
*EVERY 1ST TUESDAY OF THE MONTH!
OOH I FANCY A PINT...
HEY, COME SIT WITH US!
YEAH
FOR FUCK'S SAKE CAN'T I GO TO A BAR BY MYSELF?

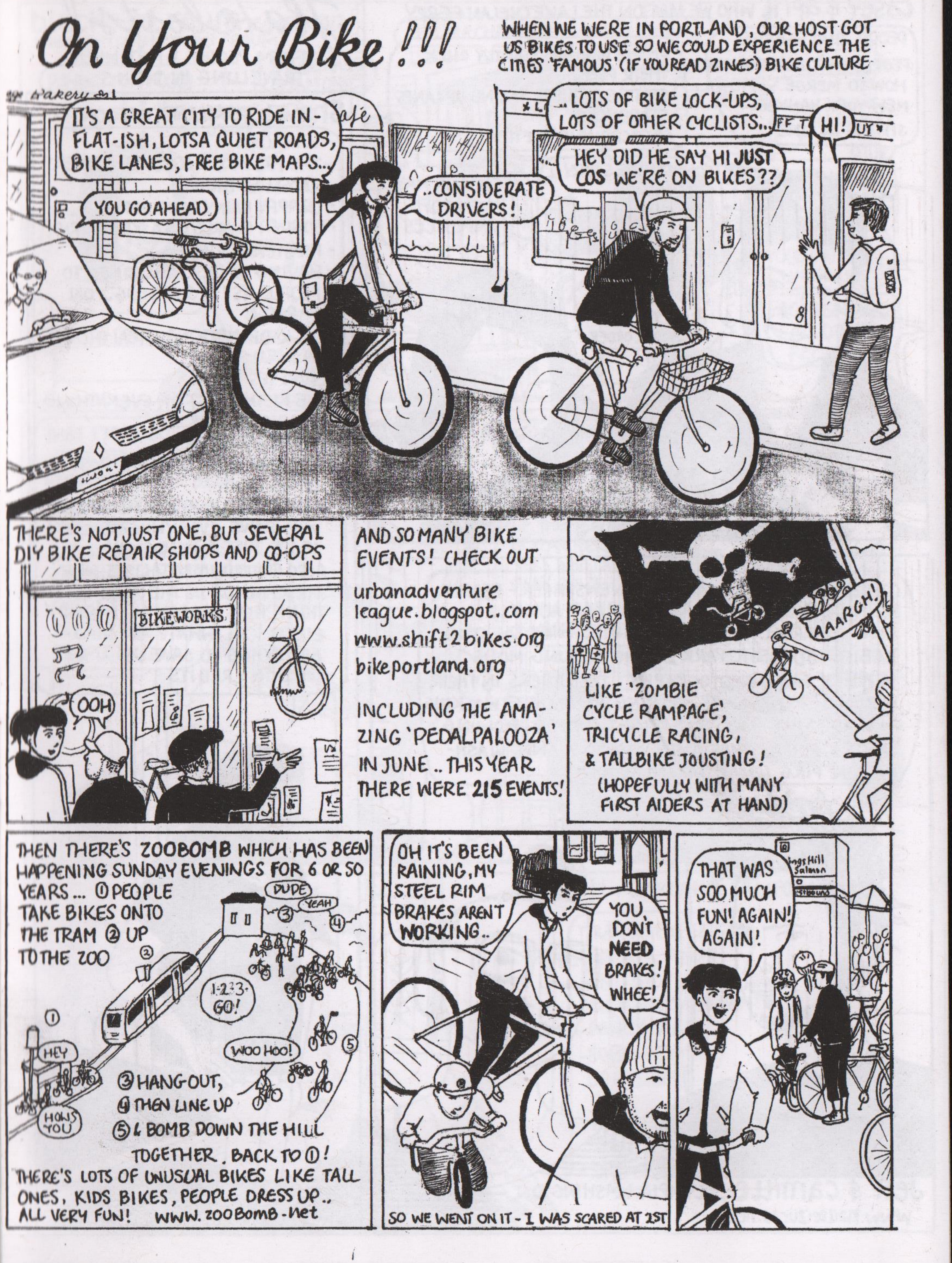

I ASSUME YOU'RE ISY?
AND YOU'RE RAMSEY? ...AND THAT'S A GUILLO-TINE...?
YUP*
*SORRY I CAN'T BE BOTHERED TO EXPLAIN
I BORROWED RAMSEY'S BIKE
..RED LIGHT - WHOA!!
HEE HEE
..STUPID TOE CLIPS
WE WENT TO BOUND TOGETHER BOOKSHOP - 1369 HAIGHT ST
OOH
IT'S BEEN GOING FOR 30 YEARS
I GOT YOUR NUM-BER FROM ROBERT - YEAH, YOU'RE GOING?
YAY. I DON'T HAVE TO GO TO A GIG BY MYSELF & BE A SADDO!
A FLAT FULL OF ANARCHIST BOOKS - AND I FIND THE PEANUTS COMICS!
I MET UP WITH WILL TO GO TO A GIG
REMEMBER THE TOECLIPS! REMEMBER THE TOECLIPS!
THIS IS THE MISSION! DO YOU WANT A BURRITO?
TRAGEDY!
THIS IS WAR
I'M SEEING TRAGEDY! OH MIGOD! I'M SEE-ING TRAGEDY!!
WE STAYED UP ALL NIGHT CHATTING
YEAH THERE'S SOMETHING KINDA PASSIONATE ABOUT PSYCHOBILLY...
BUT KINDA FASCIST, TOO, NO? ... HM MY TRAIN'S IN 5 HOURS.. NO POINT SLEEPING NOW I GUESS
D'YOU WANNA WATCH A MOVIE?
8AM:
WHERE AM I? WHERE'S THE FUCKEN AM-TRAK?? DID I WALK TOO FAR? ...GRR IN BRITAIN IT'D BE SIGN-POSTED!! ...STUPID, GRUMBLE, SWEAT,...
I MADE IT JUST IN TIME & THUS STARTED MY 36 HOUR TRAIN JOURNEY TO COLORADO
CHECK OUT THE AMPLE LEGROOM... THIS WAS DESIGNED FOR GIGANTIC AME-RICAN PEOPLE
BAG OF FOOD↓
NOTEBOOK AND NOVEL


☆ OAKLAND → DENVER ☆
THROUGH NEVADA & UTAH ON THE TRAIN
LISTENING TO THE WEAKERTHANS AND GETTING INTROSPECTIVE
PAST THE NEVADA DESERTS
THROUGH THE UTAH STEPPE
AND A FUCKEN BIG SKY....
AND THE GENERAL ROCKINESS OF COLORADO...
THE BABY IN FRONT OF ME
MAN, THESE DOORS ARE AWFUL SMALL..
hee hee
SOME MEN
THE TRAIN, OF COURSE, GOT DELAYED. WE WERE STUCK IN SOME SMALL ROCKY MOUNTAIN TOWN FOR ABOUT AN HOUR.
MY THEORY WAS THAT IF I STARTED DRAWING IT, WE'D GET MOVING AGAIN.
(THIS IS HOW FAR I GOT)
I HUNG OUT IN THE GREAT 'OBSERVATION CAR' WITH A CARTOONIST I MET
THAT'S THE THIRD GROUP OF CAMPERS MOONING US!!


WE GOT INTO DENVER BUT THEN THE TRAIN DID 'MANOUVERES'...
PLEASE REMAIN SEATED
HEY, WHY HAVE THEY TURNED OFF THE LIGHTS
TO STATION
3 FEET FORWARDS, 100 FEET BACK.. I DON'T GET IT..
THIS HAS BEEN GOING ON FOR 20 MINUTES!!
C'MON, WHAT THE FUCK!
OK WE'RE PULLED UP TO THE STATION, AGAIN...
ARE THEY GONNA TURN THE LIGHTS BACK ON??
THIS WAS SO WEIRD.
IN DENVER I STAYED WITH STEPH WHO I'D MET WHEN SHE TRAVELLED IN THE U.K.
OK YOU CAN GO A BIT FASTE NOW.. BU ONLY A BIT.. EEK
WE RODE ON HER MOTORBIKE
☆ DENVER I HAD 'ALL-AMERICAN' EXPERIENCES!
BASEBALL GAME!!
ROCKIES
YAY! WOO!
UH.. WHAT JUST HAPPENED?
I DON'T KNOW!
DRINKIN' IN A DIVE BAR!
I'M GONNA PUT ON MORE RAWK!
ANOTHER ROUND OF HALF PINTS OF WHISKY!.. WHOA
HANGING OUT ON DA PORCH
I COULD SIT HERE FOR EVER! AH..
WHAT ABOUT IN HORIZONTAL RAIN OR SLEET
DRIVING UP INTO THE ROCKY MOUNTAINS WE SAW MOUNTAIN GOATS!
THIS IS GRANBY - A FEW YEARS AGO THIS DUDE GOT MAD, ARMOURED A BULLDOZER AND WENT ON THE RAMPAGE HERE!
COUNCIL
AND FUCK YOU TOO!



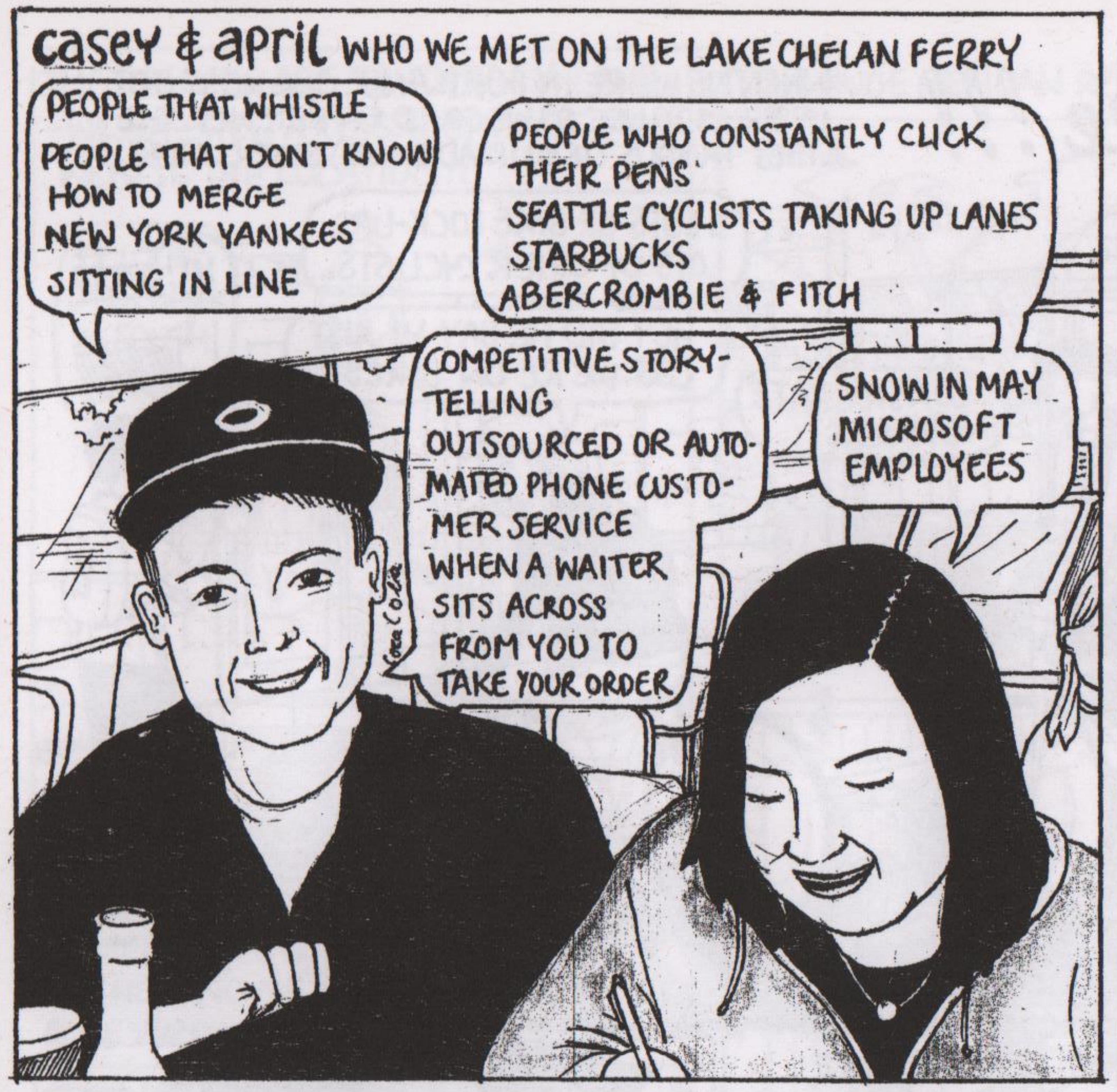
THE ROCKIES ARE SOUTH PARK LAND - WE WATCHED A CLASSIC EPISODE, THEN WENT TO THE LOCATION!!
IT LOOKS JUST LIKE IN SOUTH PARK!!
Casa Bonita
IT'S A HUGE MEXICAN RESTAURANT WITH 'ENTERTAINMENT'!
THE INSIDE WATERFALLS ARE REAL!!
LOOK THE DUDE'S GONNA DIVE!
MARIACHIS!
BLACK BART'S CAVE
OOH! SCARY!
FRIED TACO WITH LETTUCE
THE FOOD, HOWEVER, WAS AWFUL, SO I CONTENTED MYSELF WITH MARGHARITAS
WE SPENT MY LAST NIGHT IN THE U.S. AT A LINEDANCING CLASS AT 'THE GRIZZLY ROSE SALOON BAR'...
LEFT, TRIPLE STEP, BUMP LEFT, BUMP..
...AND AT A GAY COWBOY BAR. THEN MY MEMORY GOES FUZZY.
THEY'RE PLAYING TIM McGRAW! WOO!
WELL, CATCHING MY FLIGHT THE NEXT DAY INVOLVED A LOT OF BEING SICK - SORRY, FELLOW PASSENGERS...
AT THE AIRPORT
SCUSE ME
WAS THAT THE SEATBELT SIGN? COULD YOU LET ME OUT?
GETTING ON THE PLANE
...INCREDIBLY JET LAGGED (WHICH I SWEAR LASTED 2 WEEKS) I RETURNED HOME
YOU'RE TALKING ALL AMERICAN NOW
I'M SO NOT.



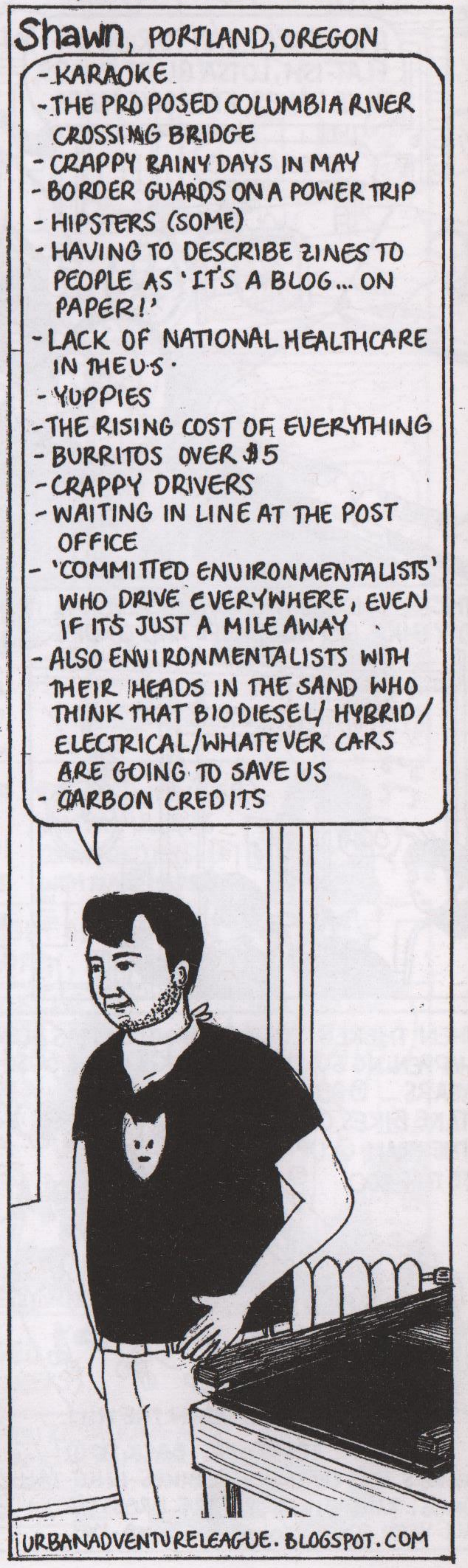
On Your Bike!!!
WHEN WE WERE IN PORTLAND, OUR HOST GOT US BIKES TO USE SO WE COULD EXPERIENCE THE CITIES 'FAMOUS' (IF YOU READ ZINES) BIKE CULTURE
IT'S A GREAT CITY TO RIDE IN - FLAT-ISH, LOTSA QUIET ROADS, BIKE LANES, FREE BIKE MAPS...
YOU GO AHEAD
...CONSIDERATE DRIVERS!
...LOTS OF BIKE LOCK-UPS, LOTS OF OTHER CYCLISTS...
HEY DID HE SAY HI JUST COS WE'RE ON BIKES??
HI!
THERE'S NOT JUST ONE, BUT SEVERAL DIY BIKE REPAIR SHOPS AND CO-OPS
BIKEWORKS
OOH
AND SO MANY BIKE EVENTS! CHECK OUT
urbanadventureleague.blogspot.com
www.shift2bikes.org
bikeportland.org
INCLUDING THE AMAZING 'PEDALPALOOZA' IN JUNE.. THIS YEAR THERE WERE 215 EVENTS!
AAARGH!
LIKE 'ZOMBIE CYCLE RAMPAGE', TRICYCLE RACING, & TALLBIKE JOUSTING!
(HOPEFULLY WITH MANY FIRST AIDERS AT HAND)
THEN THERE'S ZOOBOMB WHICH HAS BEEN HAPPENING SUNDAY EVENINGS FOR 6 OR SO YEARS... ① PEOPLE TAKE BIKES ONTO THE TRAM ② UP TO THE ZOO
DUDE
YEAH
1-2-3-GO!
WOO HOO!
HEY
HOW'S YOU
③ HANG OUT, ④ THEN LINE UP ⑤ & BOMB DOWN THE HILL TOGETHER. BACK TO ①!
THERE'S LOTS OF UNUSUAL BIKES LIKE TALL ONES, KIDS BIKES, PEOPLE DRESS UP.. ALL VERY FUN! WWW.ZOOBOMB.NET
OH IT'S BEEN RAINING, MY STEEL RIM BRAKES AREN'T WORKING..
YOU DON'T NEED BRAKES! WHEE!
THAT WAS SOO MUCH FUN! AGAIN! AGAIN!
SO WE WENT ON IT - I WAS SCARED AT 1ST

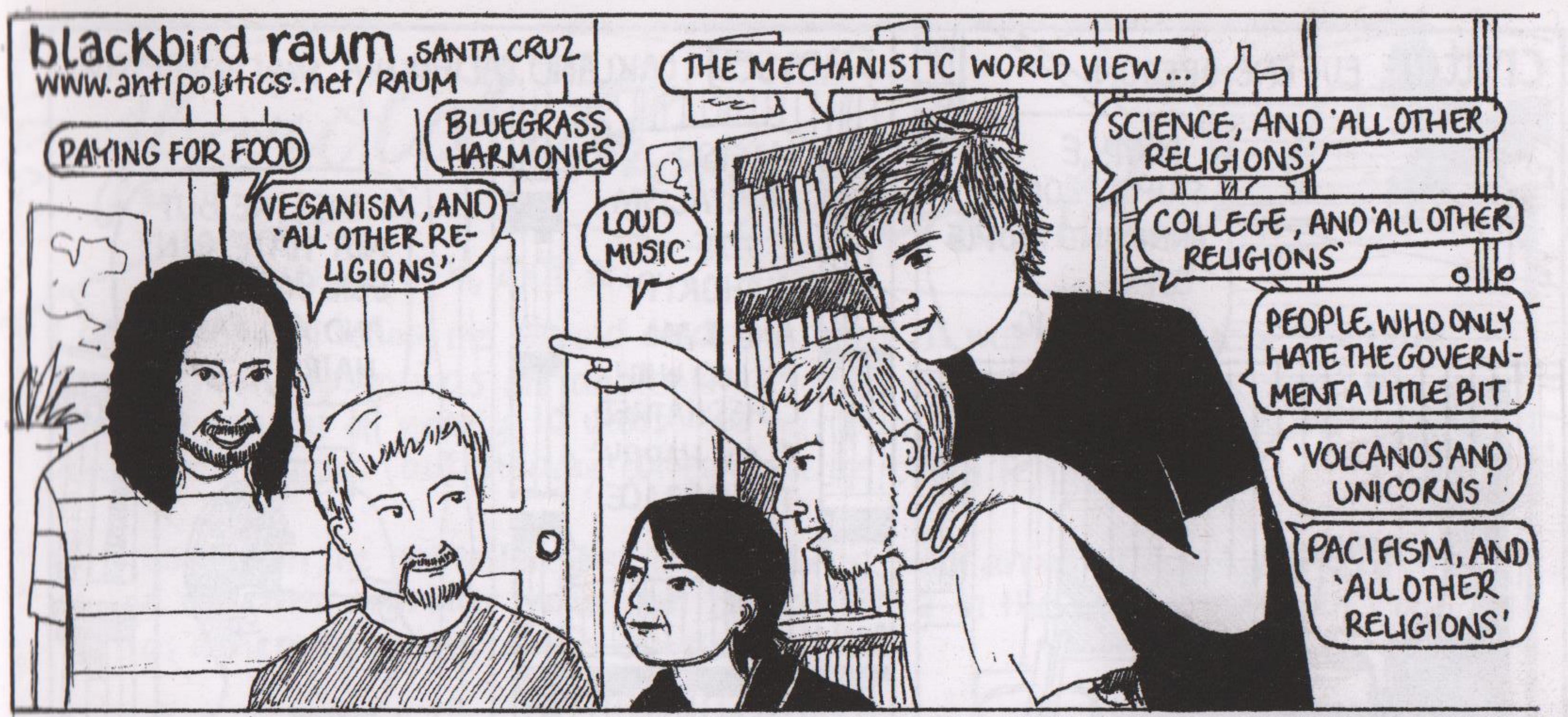
Hatelists!

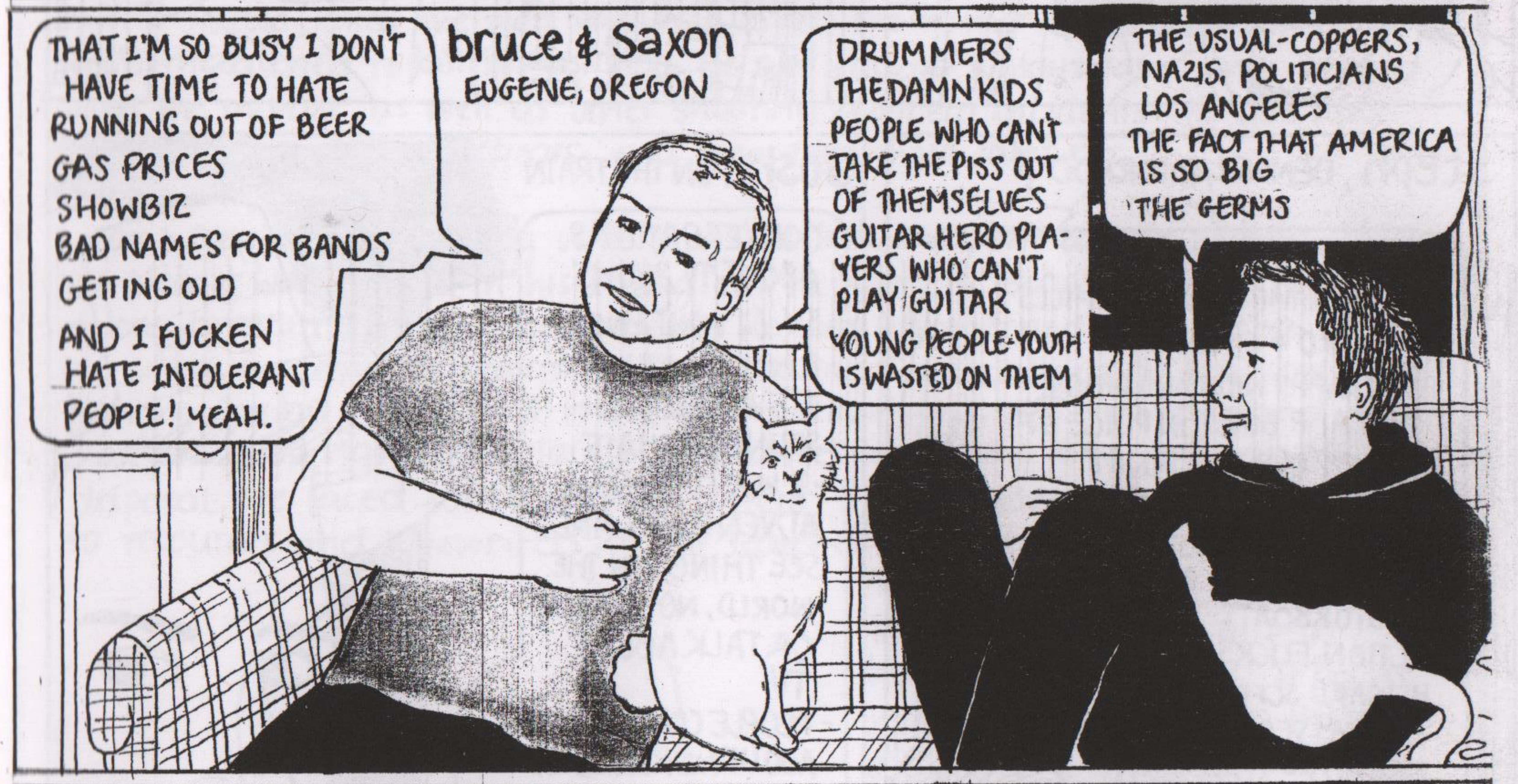
FROM PEOPLE I MET WHEN TRAVELLING IN THE U.S.

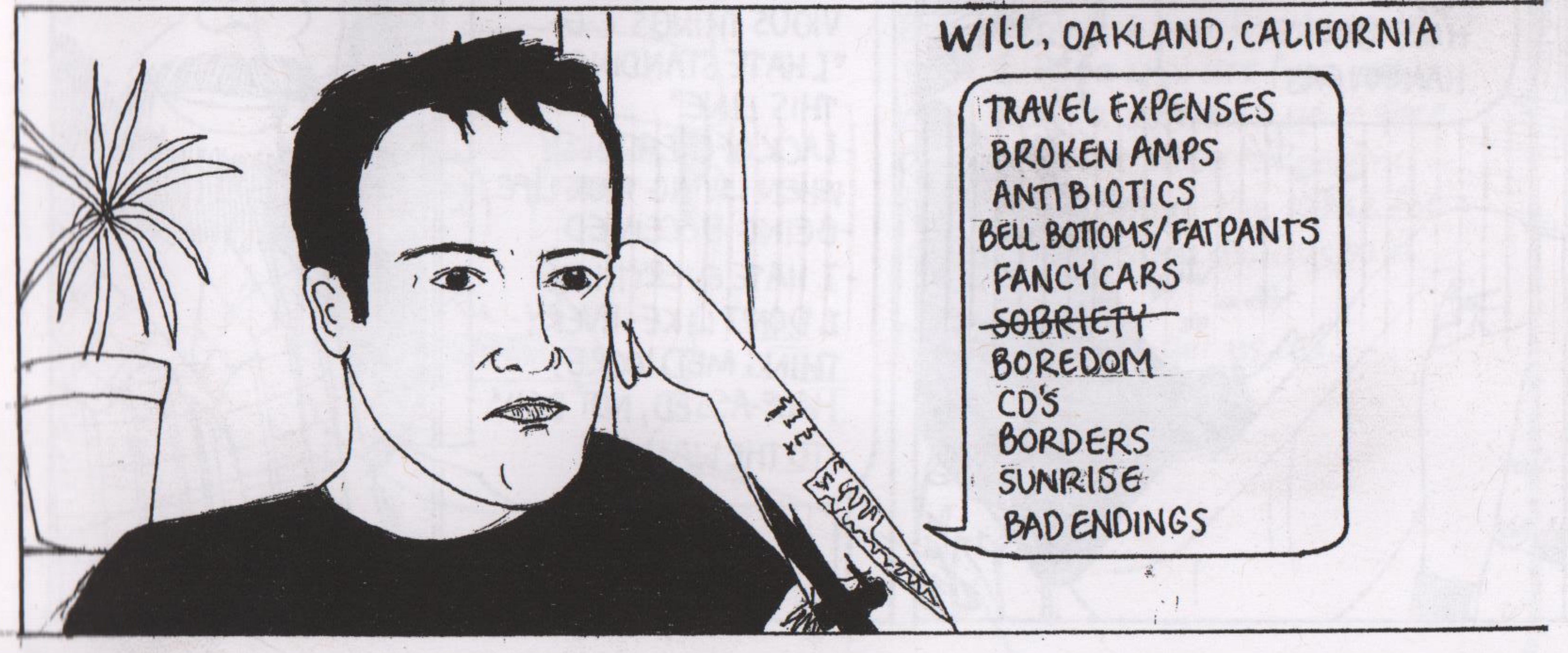


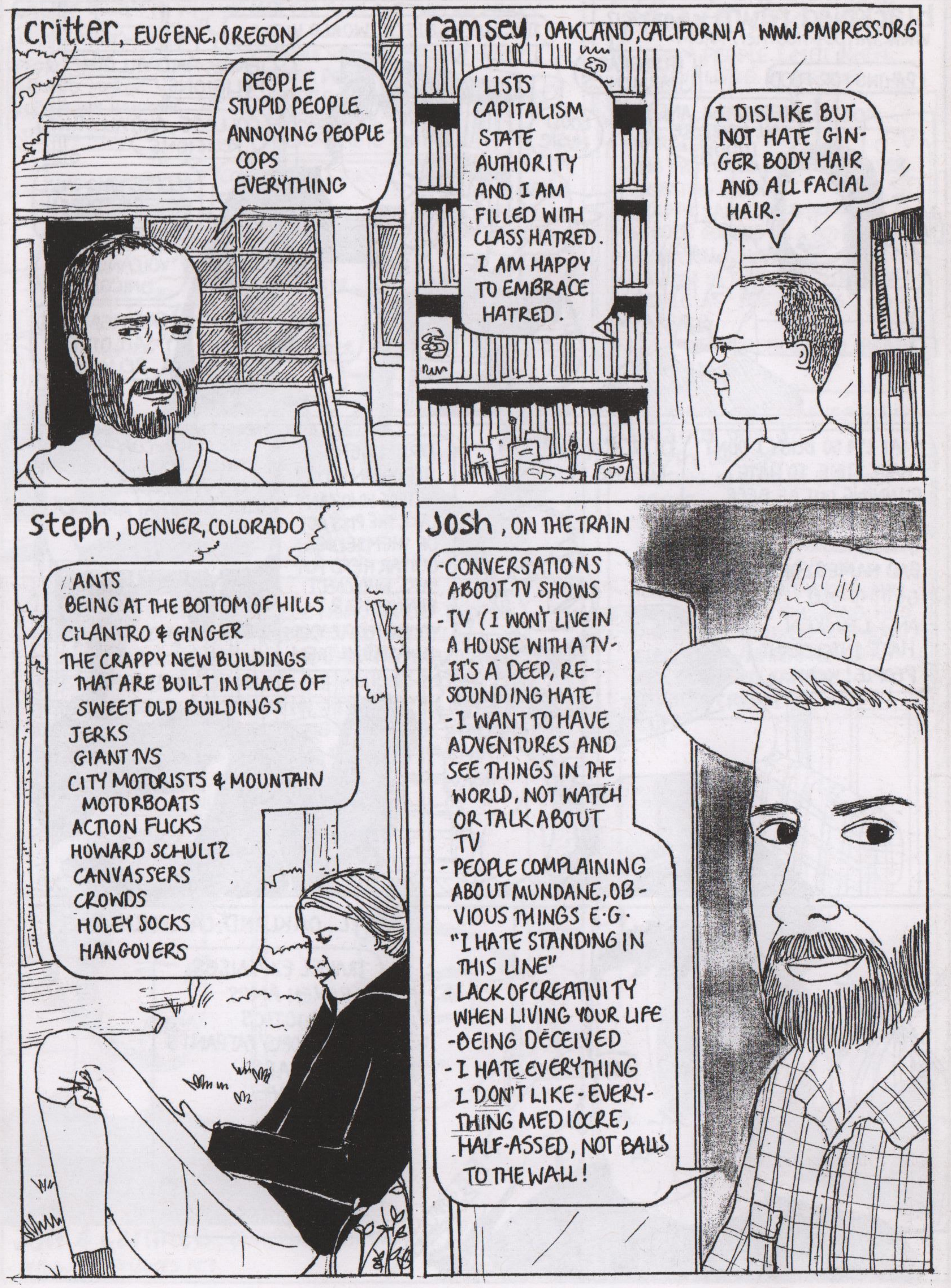












Harold Thompson, R.I.P.

November 12th, 2008 ☆

I got a phonecall telling me Harold died last night. It was entirely out of the blue. Harold H. Thompson was an anarchist serving life sentences in Tennessee, USA, and my pen pal of nearly 10 years. He was born in the same year as my dad and our irregular but steady correspondence often felt fatherly.

Of Irish origin, he got interested in anarchism from an early age and was active in the Vietnam anti war movement after serving in the military himself, as well as generally living a life outside the law.

In 1978 Harold killed the man who had killed the mother of his older son, and who'd threatened to kill his son, too. He was caught 10 days later and charged with the murder, as well as other shooting /robbery incidents. He got life, plus 50 years, plus 21-75 years, and then even more later on.

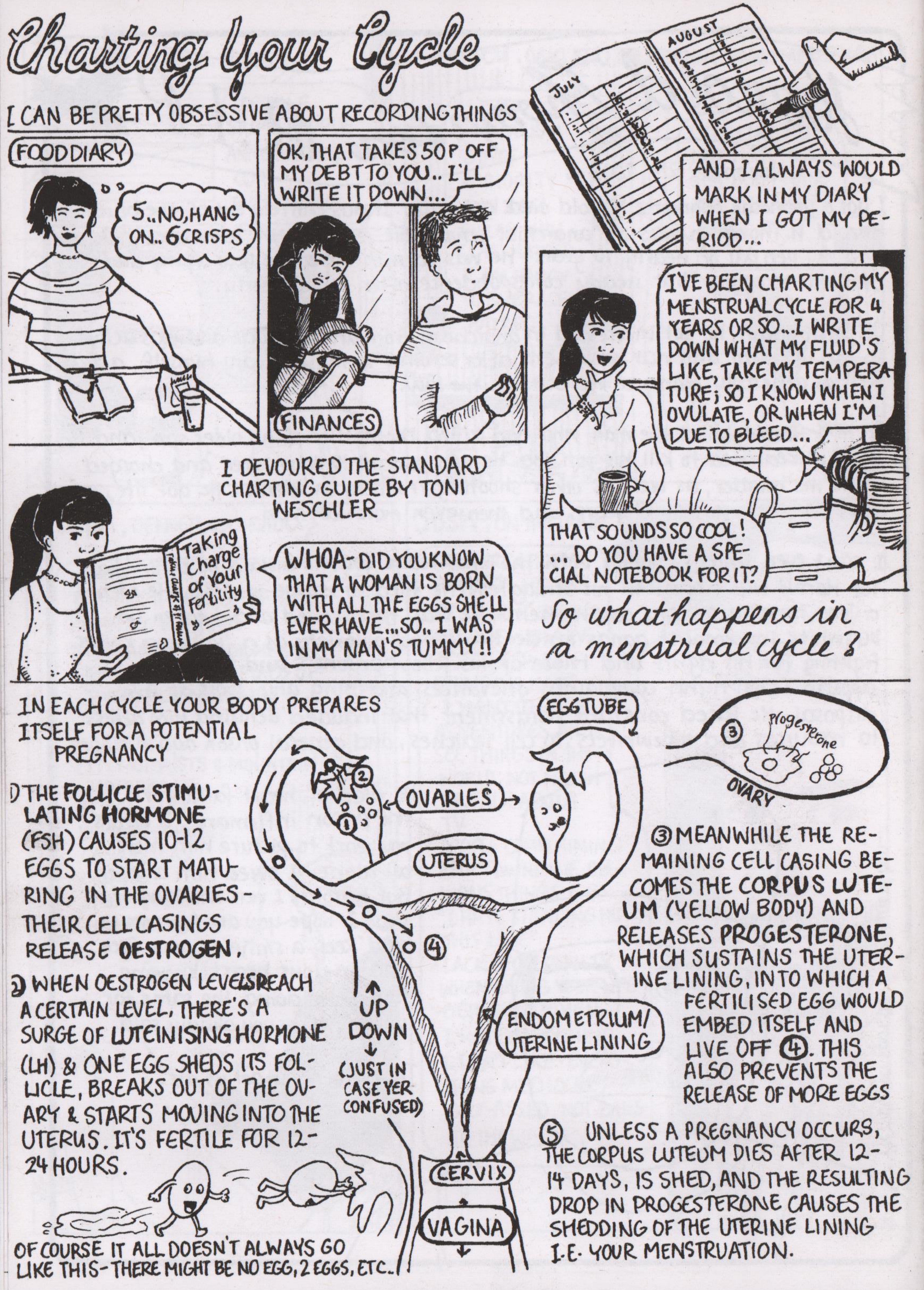
I can't even imagine living with the knowledge you will always be behind bars. Yet Harold was tireless in his struggles. He tried to escape in 1986. He spent a long time in solitary confinement. He was threatened and beaten up by white supremacist gangs inside. He gained notoriety as a 'jailhouse lawyer' fighting for his rights and those of his fellow prisoners and drafting appeals, civil rights complaints, grievances and using any tools at his disposal. He faced constant harassment that included denying him access to resources and typewriters, to cell searches, and general prison aggravations.

i've only ever seen this one picture of him...

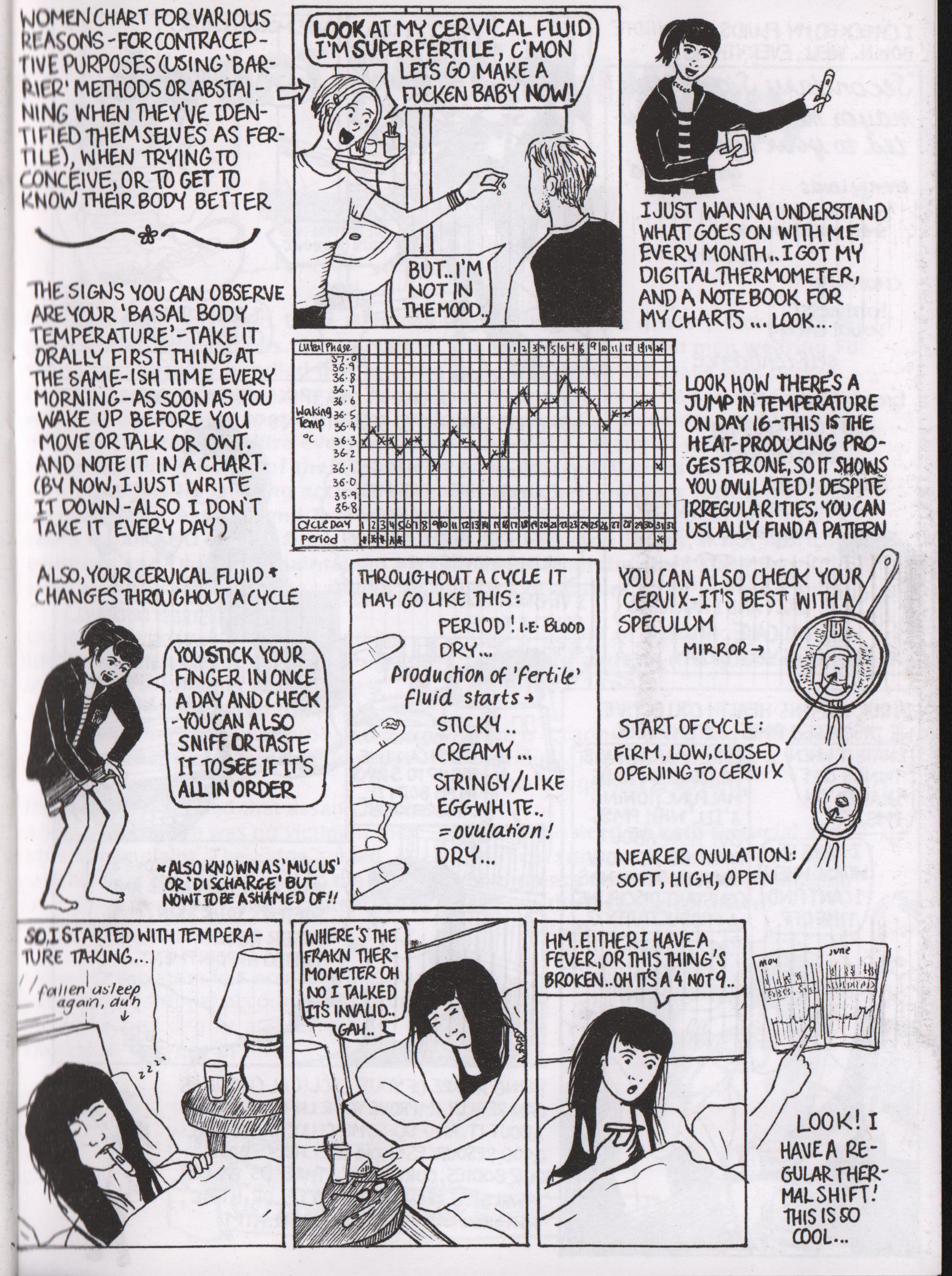


He died of heart failure in the prison infirmary. It breaks my heart to picture him there all alone. I owed him a letter. But Harold, I was thinking of you. I hope you are free now, and "keep a smile on your face and in your heart knowing that I am doing the same for you here", as you always said.

They will never get us all!



Charting Your Cycle
I CAN BE PRETTY OBSESSIVE ABOUT RECORDING THINGS
FOOD DIARY
5.. NO, HANG ON.. 6 CRISPS
OK, THAT TAKES 50P OFF MY DEBT TO YOU.. I'LL WRITE IT DOWN...
FINANCES
JULY
AUGUST
AND I ALWAYS WOULD MARK IN MY DIARY WHEN I GOT MY PERIOD...
I'VE BEEN CHARTING MY MENSTRUAL CYCLE FOR 4 YEARS OR SO... I WRITE DOWN WHAT MY FLUID'S LIKE, TAKE MY TEMPERATURE; SO I KNOW WHEN I OVULATE, OR WHEN I'M DUE TO BLEED...
THAT SOUNDS SO COOL! ... DO YOU HAVE A SPECIAL NOTEBOOK FOR IT?
I DEVOURED THE STANDARD CHARTING GUIDE BY TONI WESCHLER
Taking Charge of Your Fertility
WHOA - DID YOU KNOW THAT A WOMAN IS BORN WITH ALL THE EGGS SHE'LL EVER HAVE... SO.. I WAS IN MY NAN'S TUMMY!!
So what happens in a menstrual cycle?
IN EACH CYCLE YOUR BODY PREPARES ITSELF FOR A POTENTIAL PREGNANCY
1) THE FOLLICLE STIMULATING HORMONE (FSH) CAUSES 10-12 EGGS TO START MATURING IN THE OVARIES - THEIR CELL CASINGS RELEASE OESTROGEN.
2) WHEN OESTROGEN LEVELS REACH A CERTAIN LEVEL, THERE'S A SURGE OF LUTEINISING HORMONE (LH) & ONE EGG SHEDS ITS FOLLICLE, BREAKS OUT OF THE OVARY & STARTS MOVING INTO THE UTERUS. IT'S FERTILE FOR 12-24 HOURS.
EGGTUBE
Progesterone
OVARY
OVARIES
UTERUS
UP
DOWN
(JUST IN CASE YER CONFUSED)
ENDOMETRIUM/ UTERINE LINING
CERVIX
VAGINA
3) MEANWHILE THE REMAINING CELL CASING BECOMES THE CORPUS LUTEUM (YELLOW BODY) AND RELEASES PROGESTERONE, WHICH SUSTAINS THE UTERINE LINING, INTO WHICH A FERTILISED EGG WOULD EMBED ITSELF AND LIVE OFF 4. THIS ALSO PREVENTS THE RELEASE OF MORE EGGS
5) UNLESS A PREGNANCY OCCURS, THE CORPUS LUTEUM DIES AFTER 12-14 DAYS, IS SHED, AND THE RESULTING DROP IN PROGESTERONE CAUSES THE SHEDDING OF THE UTERINE LINING I.E. YOUR MENSTRUATION.
OF COURSE IT ALL DOESN'T ALWAYS GO LIKE THIS - THERE MIGHT BE NO EGG, 2 EGGS, ETC..



WOMEN CHART FOR VARIOUS REASONS - FOR CONTRACEPTIVE PURPOSES (USING 'BARRIER' METHODS OR ABSTAINING WHEN THEY'VE IDENTIFIED THEMSELVES AS FERTILE), WHEN TRYING TO CONCEIVE, OR TO GET TO KNOW THEIR BODY BETTER
LOOK AT MY CERVICAL FLUID I'M SUPERFERTILE, C'MON LET'S GO MAKE A FUCKEN BABY NOW!
BUT.. I'M NOT IN THE MOOD..
I JUST WANNA UNDERSTAND WHAT GOES ON WITH ME EVERY MONTH.. I GOT MY DIGITAL THERMOMETER, AND A NOTEBOOK FOR MY CHARTS ... LOOK...
THE SIGNS YOU CAN OBSERVE ARE YOUR 'BASAL BODY TEMPERATURE' - TAKE IT ORALLY FIRST THING AT THE SAME-ISH TIME EVERY MORNING - AS SOON AS YOU WAKE UP BEFORE YOU MOVE OR TALK OR OWT. AND NOTE IT IN A CHART. (BY NOW, I JUST WRITE IT DOWN - ALSO I DON'T TAKE IT EVERY DAY)
Luteal Phase
Waking Temp °C
37.0 36.9 36.8 36.7 36.6 36.5 36.4 36.3 36.2 36.1 36.0 35.9 35.8
Cycle Day
Period
LOOK HOW THERE'S A JUMP IN TEMPERATURE ON DAY 16 - THIS IS THE HEAT-PRODUCING PROGESTERONE, SO IT SHOWS YOU OVULATED! DESPITE IRREGULARITIES, YOU CAN USUALLY FIND A PATTERN
ALSO, YOUR CERVICAL FLUID * CHANGES THROUGHOUT A CYCLE
YOU STICK YOUR FINGER IN ONCE A DAY AND CHECK - YOU CAN ALSO SNIFF OR TASTE IT TO SEE IF IT'S ALL IN ORDER
* ALSO KNOWN AS 'MUCUS' OR 'DISCHARGE' BUT NOWT TO BE ASHAMED OF!!
THROUGHOUT A CYCLE IT MAY GO LIKE THIS:
PERIOD! I.E. BLOOD
DRY...
Production of 'fertile' fluid starts →
STICKY..
CREAMY...
STRINGY/LIKE EGGWHITE..
= ovulation!
DRY...
YOU CAN ALSO CHECK YOUR CERVIX - IT'S BEST WITH A SPECULUM
MIRROR →
START OF CYCLE: FIRM, LOW, CLOSED OPENING TO CERVIX
NEARER OVULATION: SOFT, HIGH, OPEN
SO, I STARTED WITH TEMPERATURE TAKING...
fallen asleep again, duh
WHERE'S THE FRAKN THERMOMETER OH NO I TALKED IT'S INVALID.. GAH..
HM. EITHER I HAVE A FEVER, OR THIS THING'S BROKEN.. OH IT'S A 4 NOT 9..
May
June
LOOK! I HAVE A REGULAR THERMAL SHIFT! THIS IS SO COOL...



SUPPORT DAVE MAHONEY



On September 4th 2008, Dave Mahoney was cycling to the grocery store with his girlfriend in Minneapolis. An un-marked van pulled up, and two men wearing FBI shirts inexplicably bundled him into the back, and drove off. Dave was part of the protesters assembled at the Republican National Convention in the City that week, and was there to remind the world of some of the atrocities, and injustices millions of people endure everyday across the globe - many of which link directly to the actions & policy of the Republican party. Instead, Dave is suffering his own injustice. He is being accused of 'aiding and abetting', he's facing trumped up charges of Assault, and Terroristic threats; if convicted he could get up to 21 years in jail AND a huge fine.. Both charges are based on flimsy, if not fabricated, evidence and Dave has maintained his innocence from the start. Dave was subsequently released after paying an unheard of amount to be released on bail.

On the 2nd of November Dave had his first court appearance at which the Judge was to assess whether his case was appropriate for taking to trial, or in other words, whether there was probable cause to believe that the charges could stick.

Dave's lawyer argued that assault needs a victim and there was no victim in the official complaint. The judge agreed and his first charge (assault to the 2nd degree - a possible 7 years sentence) was dropped!

However the state has now charged Dave with two additional accounts of assault to the second degree and terroristic threats. 6 Charges in total.

This is clearly an attempt by the state to lash out at those that question their authority.

Dave is a caring, loving and intelligent individual. The idea that he is a dangerous person is absurd.

Dave is in need of both financial and political support. If you feel you can help please email helpdave@mail.com or visit the website for more information



